



Dear Primary Care Provider.

The Gender Care IPC team at Durham Community Health Centre includes a Nurse Practitioner, Systems Navigators and Registered Therapist who provide gender transition related care and services within a holistic framework for a time-limited length of service.

We would like to offer you the opportunity to participate in a **telephone consultation pathway** which gives providers access to the Gender Care NP for advice, consultation, and support in starting and maintaining hormone therapy for your clients, thereby expediting the medical transition process for clients, and building capacity in trans health care for primary care providers. See below for more details and how to book a consult.

WHO: Primary care providers who are interested in learning how to start and maintain clients on feminizing or masculinizing hormone therapy.

WHAT: Telephone consults provider to provider for support and advice in starting and monitoring hormone therapy for trans clients.

WHEN: Appointments are available Friday mornings between 8:30-10:30 (30 minute timeslots).

HOW: Call the DCHC medical secretary at 905-420-0333 to arrange an appointment

We recommend the following educational trainings to enhance the care provided:

<https://learn.rainbowhealthontario.ca/>

- 1) RHO 2SLGBTBQ Foundations Course
- 2) RHO Transition-related Hormone Therapy in Primary Care

Provider Resources:

Sherbourne's Guidelines for Gender-Affirming Primary Care:

<https://www.rainbowhealthontario.ca/product/4th-edition-sherbournes-guidelines-for-gender-affirming-primary-care-with-trans-and-non-binary-patients/>

RHO Trans Health Guides:

<https://www.rainbowhealthontario.ca/TransHealthGuide/gp-femht.html>

<https://www.rainbowhealthontario.ca/TransHealthGuide/gp-mascht.html>

Systems navigator services available to support PCP with providing culturally safe care for gender expansive people. Connect with our team for more information.

Thank you for your support in providing trans and gender affirming healthcare in our community.